

**Care Management is a service that manages chronic care needs, sets up a customized plan for the individual, implements the plan, and monitors the care of the older or disabled individual or chronically ill child. The Care Manager's objective is to provide a safe and satisfactory quality of life for each client.**

**Care Management** is emerging as an essential piece of the health care puzzle. With a richness of specialists in the health care field, it becomes challenging to make sure that treatments and services are well coordinated and in the best interest of the older and/or disabled adult or child.

### **Why Hire a Private Care Manager?**

The number of informal caregivers in the United States is estimated to be 20 to 25 million. There are 22.4 million households - nearly one in four - involved in family care giving to relatives and friends. Most caregivers are working women in their forties and fifties who have children and husbands who also require time and attention. The impact of lost worker productivity on corporate America is estimated at between \$11 billion and \$29 billion annually, according to Metropolitan Life Insurance Company.

**Care Managers** can relieve caregivers of many of the burdensome responsibilities, permit them to lead lives of their own, and promote quality of life for the client.

### **The Care Manager**

- Works together with specialists to coordinate services, advocate, and locate resources for the client and family.
- Counsels with the client and family about what to expect from complications of aging and chronic illness, and helps the family to prepare for the costs and long-term implications of these conditions.
- Makes sure that the client receives effective treatment while remaining within their budget.
- Works with disabled children and youth to provide support for the additional concerns of

education, growth and development, and managing medically fragile conditions such as cerebral palsy and brain injuries.

**Basic Care Management Services may include:**

- Consultation with family members
- In-home assessment
- Recommendations for care, the available options and associated costs
- Arranging for needed services (companion, housekeeper, driver)
- Accessing available services such as Medicare insurance, and community-financed services
- Making sure that the client's needs are being met by service providers
- Collaboration with health care providers
- Facilitating communication between clients, families and health care providers
- Coordinating health maintenance services
- Counseling clients and families about end-of-life issues
- Making sure that clients' end-of-life wishes are carried out
- Visiting the client on a regular basis to monitor progress and changes in condition
- When appropriate, helping locate suitable living arrangements such as assisted living or nursing care

**Paying for Care Management Services**

Sound Options will be glad to review our rates with you before services begin. We strive to help clients receive services that are within their financial means, and to provide service options that are to the client's best advantage.

**SOUND OPTIONS, INC**

**Celebrating 18 Years of service**

**Providing Private Care Management to Families in Western Washington State and Portland, Oregon.**

[www.soundoptions.com](http://www.soundoptions.com) | 1.800.628.7649

*Unique solution ID: #1067*

*Author: Tech Support*

*Last update: 2007-05-04 07:22*